

SKIN & LASER SURGERY CENTER, PC

*Diplomates, American Board of Dermatology
Adult & Pediatric Dermatology • Laser Cutaneous Surgery • Dermatologic Surgery
MOHS Micrographic Surgery*

Photo Dynamic Therapy for Acne

Stop the embarrassment of acne without messy creams, slow acting antibiotics, prescription medication, and pain or interruption of your lifestyle. Finally, there is a safe and effective alternative to treating acne that also leaves your skin looking more youthful and rejuvenated. This clinical breakthrough has helped adults and teenagers win the battle against stubborn acne and has quickly become a frequently recommended alternative by dermatologists.

What Is Acne?

Acne involves the sebaceous glands of the skin and affects over 80% of adolescents and many adults. During puberty, our bodies produce large amount of an oily substance called sebum. Sebum, when combined with excess skin debris, sticks together in our pores causing the pore to become clogged. Without effective treatment, these clogged pores can become red, infected, swollen, and form unsightly pimples that can lead to scarring. Topical creams can irritate the skin and take months to work. Antibiotics can have multiple side effects and become less effective over time.

What is PhotoDynamic Therapy?

PhotoDynamic Therapy (PDT), also known as ALA/PDT, is a treatment performed with a topical photosensitizing agent called Levulan® (5-aminiolevulinic acid or ALA) that is applied to your skin and then activated with the correct wavelength of light. These treatments remove sun damaged precancerous spots called Actinic Keratoses. Treatments also improve sun-damaged skin, fine lines, blotchy pigmentation, and rough skin patches. PhotoDynamic Therapy treatment has the unique ability to minimize pores and reduce oil glands - effectively treating stubborn acne vulgaris, acne, Rosacea, and improving the appearance of some acne scars.

How much improvement can I expect?

You will see improvement after each treatment. People with severe sun damaged skin, Actinic Keratoses, rough skin patches, poor skin texture, and uneven pigmentation may see excellent results. Treatment improves the appearance of large pores and some acne scars. Active acne can improve dramatically.

How many treatments will I need?

To achieve maximum improvement for sun damage, texture and skin tone, a series of three or more treatments performed 2 to 4 weeks apart is often recommended. Some skin conditions respond with a single treatment. Additional treatments can be performed as needed or to maintain your desired results.

How is the procedure performed?

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First, the area being treated will be cleansed and properly prepared for treatment. In some cases, microdermabrasion or an exfoliating scrub may be performed. The Levulan® is applied evenly to the area and may be left on the skin for several hours. Once removed, a variety of techniques may be used to correct your skin including Blue Light Therapy, Intense Pulse Light Treatment, or Laser Skin Rejuvenation. In some cases, a topical anesthetic is applied for added comfort.

What are the side effects?

The treated area can appear red, and you may experience some peeling for up to 7 days following treatment. Mild swelling can occur around the lip or eye area. If swelling occurs, it is usually temporary and will subside within 1 to 2 days. Pigmentations spots can become temporarily darken then peel off, leaving the skin smooth and even-toned. You will be advised to stay out of the sun and to consistently use a sun block. You will be photosensitive for several days and must protect the treated area.

Schedule a consultation and discover how this treatment can benefit you!

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Directions

To Tysons Corner office location:

8130 Boone Blvd. #340 Tysons Corner, VA 22182; **703-893-1114**

1. From Mclean, Tysons Corner area:

Take International Drive south to Leesburg Pike (Route 7) where it becomes Gallows Road. Make a LEFT turn at the **first** traffic light on Gallows Road after crossing Rt. 7 onto Boone Blvd. Take an **IMMEDIATE** left into the parking lot of our Bldg. 8130 Boone Blvd. #340, Tysons Corner, VA 22182. Our building is behind Jarred Jewelers and McDonalds.

2. From points west of Tysons Corner office location: Reston, Herndon, Leesburg, Sterling, Lansdowne, Loudon County, Clark County, Warren County and Frederick County:

Take 66 East to 495 North or Leesburg Pike East. Our Tysons Office location is off Leesburg Pike (Route 7) and Gallows Road. Make a LEFT turn at the **first** traffic light on Gallows Road after crossing Rt. 7 onto Boone Blvd. Take an **IMMEDIATE** left into the parking lot of our Bldg. 8130 Boone Blvd. #340 Tysons Corner, VA 22182.

To Woodbridge office location:

2200 Opitz Blvd Suite 245 Woodbridge, VA; **703-492-4140**

1. From Prince William County, Manassas, Manassas Park, Woodbridge/Lake Ridge, Dumfries to our Woodbridge location:

We are at 2200 Opitz Blvd Suite 245 Woodbridge, VA, across the street from Potomac Library. One block east (towards Rt. 1) from Potomac Hospital and Wegman's.

To Stafford office location:

125 Hospital Center Boulevard, Suite 313 Stafford, VA 22554

Toll free **1-800-265-2653**

1. Coming from points south of the Stafford office: Stafford, Fredericksburg, Spotsylvania County, King George County, Caroline County, Westmoreland County, Northern Neck Region, Richmond County, King and Queen County, Warrenton County, Fauquier County, Orange County, Culpepper County, Essex County, Westmoreland County:

Take I-95 North to exit 140, Turn Right onto Courthouse Road/Route 630 (approximately 1 mi.). Take Right onto Route 1 (approximately 1/2 mi.). Turn Left onto Hospital Center Blvd. At the **THIRD** entrance make a left into the parking lot of the Stafford Medical Pavilion (**Behind Stafford Hospital**).