

SKIN & LASER SURGERY CENTER, PC

Diplomates, American Board of Dermatology

Adult & Pediatric Dermatology • Laser Cutaneous Surgery • Dermatologic Surgery

MOHS Micrographic Surgery

Blepharoplasty

It has often been said that your eyes are the “windows to your soul”, because they are the most expressive way we communicate our emotions. Unfortunately, your eyes can be deceiving if the significant effects of aging have altered them. Instead of looking rested, alert and energetic, drooping eyelids or puffy bags under the eyes can make you appear to be tired, run-down, angry or unhappy. If you feel that your eyes make you look older, sad or fatigued, you may want to consider cosmetic eyelid surgery, also called Blepharoplasty.

How is the eyelid procedure performed?

Depending on your features and the recommendation of your physician, you may undergo cosmetic eyelid enhancement on either the upper eyelids, lower eyelids, or both. Through a strategically placed incision, the upper eyelid procedure involved the removal of excess skin and fatty tissue. Because it is placed in the natural contour of the upper eyelid, the incision is camouflaged upon healing. Lower eyelid treatments also involve the removal of excess skin and fat. The incision may be made just under the lower lash line or inside the lower lid. Through a personal consultation, your surgeon will decide the best approach for revitalizing your eyelids.

How will I look and feel afterwards?

Every patient varies in degree of bruising and healing, thus preventing a specific answer. However, we can offer a general outline of expectations:

- If bruising or swelling appears, it usually emerges within the first few days. Resting with the head elevated and applying cold compresses will help to alleviate these conditions.
- Within the first week, the stitches will dissolve or be removed; cosmetics can be used to cover any temporary residual discoloration. You may also resume and normal activities considered non-strenuous.
- After a few weeks, you may resume vigorous exercise and wearing contact lenses.
- Over the next few months, you may experience a reduction of swelling and the final results will begin to take shape.

Will I have to be in the hospital?

8130 Boone Blvd., Ste. 340, Tysons Corner, VA 22182 • T 703-893-1114 • F 703-893-4449

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Cosmetic eyelid procedures can be done in a hospital, in an outpatient surgery center, or in your physician's office-based surgical suite. Blepharoplasty is considered an outpatient procedure; therefore, you will most likely return to the comfort of your home the same day. Local anesthesia with intravenous sedation is most common for this procedure. However, you and your surgeon may decide that general anesthesia may be the best choice for you. Both methods will insure your ultimate comfort and safety during the process.

What kinds of risks are involved?

Eyelid surgery is a safe procedure that has been performed for over 75 years. Thousands of men and women experience this surgery every year with no major complications. As with any surgical procedure, there are some risks. Your surgeon can discuss the details with you in a personal consultation.

How long will it last?

Your eyes and, consequently, your entire expression will look younger for years. Discuss with your physician the best way to maintain your results.

What kind of follow-up care will I need?

You will return to your surgeon's office for a postoperative visit almost immediately and periodically, thereafter, to monitor your progress. Usually there are more frequent visits in the first 2 to 3 weeks and then only occasionally thereafter.

Schedule a consultation and discover how this procedure can benefit you!

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Directions

To Tysons Corner office location:

8130 Boone Blvd. #340 Tysons Corner, VA 22182; **703-893-1114**

1. From Mclean, Tysons Corner area:

Take International Drive south to Leesburg Pike (Route 7) where it becomes Gallows Road. Make a LEFT turn at the **first** traffic light on Gallows Road after crossing Rt. 7 onto Boone Blvd. Take an **IMMEDIATE** left into the parking lot of our Bldg. 8130 Boone Blvd. #340, Tysons Corner, VA 22182. Our building is behind Jarred Jewelers and McDonalds.

2. From points west of Tysons Corner office location: Reston, Herndon, Leesburg, Sterling, Lansdowne, Loudon County, Clark County, Warren County and Frederick County:

Take 66 East to 495 North or Leesburg Pike East. Our Tysons Office location is off Leesburg Pike (Route 7) and Gallows Road. Make a LEFT turn at the **first** traffic light on Gallows Road after crossing Rt. 7 onto Boone Blvd. Take an **IMMEDIATE** left into the parking lot of our Bldg. 8130 Boone Blvd. #340 Tysons Corner, VA 22182.

To Woodbridge office location:

2200 Opitz Blvd Suite 245 Woodbridge, VA; **703-492-4140**

1. From Prince William County, Manassas, Manassas Park, Woodbridge/Lake Ridge, Dumfries to our Woodbridge location:

We are at 2200 Opitz Blvd Suite 245 Woodbridge, VA, across the street from Potomac Library. One block east (towards Rt. 1) from Potomac Hospital and Wegman's.

To Stafford office location:

125 Hospital Center Boulevard, Suite 313 Stafford, VA 22554

Toll free **1-800-265-2653**

1. Coming from points south of the Stafford office: Stafford, Fredericksburg, Spotsylvania County, King George County, Caroline County, Westmoreland County, Northern Neck Region, Richmond County, King and Queen County, Warrenton County, Fauquier County, Orange County, Culpepper County, Essex County, Westmoreland County:

Take I-95 North to exit 140, Turn Right onto Courthouse Road/Route 630 (approximately 1 mi.). Take Right onto Route 1 (approximately 1/2 mi.). Turn Left onto Hospital Center Blvd. At the **THIRD** entrance make a left into the parking lot of the Stafford Medical Pavilion (**Behind Stafford Hospital**).