

# SKIN & LASER SURGERY CENTER, PC

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*Diplomates, American Board of Dermatology  
Adult & Pediatric Dermatology • Laser Cutaneous Surgery • Dermatologic Surgery  
MOHS Micrographic Surgery*

## Scars & Facial Scars

### Eraser the Past

#### Which treatment option is best for me?

During your consultation, your skin type and scar will be evaluated and a customized treatment program will be developed. This may include a combination of treatments to optimize your results. In some cases, certain types of scars can only be improved and not completely eliminated. Your treatment expectations and results will be thoroughly discussed during your consultation.

#### Surgical Excision

This option is typically for scars that are deeply pitted, raised, or for older surgical scars that did not heal properly. The scar tissue is removed, followed by careful stitching of the skin to leave a much smaller or thinner scar line.

#### Laser Skin Resurfacing

This treatment is excellent for acne scarring as well as for sun-damaged or aged skin. The laser vaporizes the damaged skin and during the following weeks, the thermal damage to the deep tissue stimulates new skin growth, promoting a health new collagen layer as well.

#### Laser Skin Rejuvenation

This is a non-invasive approach in which the laser energy penetrates the skin, damaging the deepest tissue layers. The damage causes the skin to repair itself and stimulates the production of collagen. As the underlying skin thickens, the top layers of the skin begin to contour more smoothly. Multiple treatments may be recommended. This treatment option works well in conjunction with microdermabrasion for certain scars.

#### IPL Skin Rejuvenation

This is a non-invasive approach in which intense pulsed light energy penetrates the skin, damaging the deepest tissues layers. The damage causes the skin to repair itself and stimulates the production of collagen. As the underlying skin thickens, the top layers of the skin begin to contour more smoothly. Multiple treatments may be recommended. This treatment option works well in conjunction with microdermabrasion.

#### Chemical Peels

Depending on the skin type and scar to be treated, a superficial, medium, or deep chemical peel may be recommended. In addition to removing the top layers of the epidermis, chemical peels are noted for their ability to stimulate collagen synthesis and aid in production of new skin cells. Depending on the type of peel, multiple treatments may be required.

#### Microdermabrasion

Microdermabrasion is a non-surgical, exfoliating treatment helpful for those unhappy with scars, acne scars, sun-damaged skin, pigmentation spots, stretch marks, fine lines, and rough skin. Treatment can be performed anywhere on the body. This treatment works for scarring, especially when used in conjunction with other modalities.

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By the time we reach our adult years, our skin has been exposed to environmental damage, acne, chicken pox, scrapes, burns, and numerous other phenomena. As part of the skin's natural healing process, a scar is formed when several layers of the skin have been damaged. Presently, there are diverse treatment modalities available to address various forms of skin scarring. These treatments can dramatically reverse, improve, and renew your skin to its natural, healthier state. Many seek solutions not only to achieve health-looking skin, but also to improve their image and self esteem.

## **What are the treatment options?**

Today, there are many treatment options which, when properly chosen for the specific type of scar and/or skin type, can greatly improve and repair your skin to its natural and more healthy state. These treatment options include surgical excision, laser skin resurfacing, laser skin rejuvenation, intense pulsed light skin rejuvenation, microdermabrasion, chemical peels, dermabrasion, cortisone injections, and bleaching or age defying softening topicals.

Schedule your consultation and discover how this treatment can benefit you!

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## Directions

To Tysons Corner office location:

8130 Boone Blvd. #340 Tysons Corner, VA 22182; **703-893-1114**

1. From Mclean, Tysons Corner area:

Take International Drive south to Leesburg Pike (Route 7) where it becomes Gallows Road. Make a **LEFT** turn at the **first** traffic light on Gallows Road after crossing Rt. 7 onto Boone Blvd. Take an **IMMEDIATE** left into the parking lot of our Bldg. 8130 Boone Blvd. #340, Tysons Corner, VA 22182. Our building is behind Jarred Jewelers and McDonalds.

2. From points west of Tysons Corner office location: Reston, Herndon, Leesburg, Sterling, Lansdowne, Loudon County, Clark County, Warren County and Frederick County:

Take 66 East to 495 North or Leesburg Pike East. Our Tysons Office location is off Leesburg Pike (Route 7) and Gallows Road. Make a **LEFT** turn at the **first** traffic light on Gallows Road after crossing Rt. 7 onto Boone Blvd. Take an **IMMEDIATE** left into the parking lot of our Bldg. 8130 Boone Blvd. #340 Tysons Corner, VA 22182.

To Woodbridge office location:

2200 Opitz Blvd Suite 245 Woodbridge, VA; **703-492-4140**

1. From Prince William County, Manassas, Manassas Park, Woodbridge/Lake Ridge, Dumfries to our Woodbridge location:

We are at 2200 Opitz Blvd Suite 245 Woodbridge, VA, across the street from Potomac Library. One block east (towards Rt. 1) from Potomac Hospital and Wegman's.

To Stafford office location:

125 Hospital Center Boulevard, Suite 313 Stafford, VA 22554

Toll free **1-800-265-2653**

1. Coming from points south of the Stafford office: Stafford, Fredericksburg, Spotsylvania County, King George County, Caroline County, Westmoreland County, Northern Neck Region, Richmond County, King and Queen County, Warrenton County, Fauquier County, Orange County, Culpepper County, Essex County, Westmoreland County:

Take I-95 North to exit 140, Turn Right onto Courthouse Road/Route 630 (approximately 1 mi.). Take Right onto Route 1 (approximately 1/2 mi.). Turn Left onto Hospital Center Blvd. At the **THIRD** entrance make a left into the parking lot of the Stafford Medical Pavilion (**Behind Stafford Hospital**).